

DTSB SCHEDULE 2024

June 8 - Beacon

Yoga - Karin Lanning

Zumba - Kimmi Troy

Tai Chi - Swan Mishler

June 15

Yoga - Caitlin Hubbard - Bend Yoga

Zumba - Angelica Salazar - Independent Instructor

Core & Restore - Caitlin Hubbard - Bend Yoga

June 22

Yoga - Steve Krojniewski - True Balance Yoga

Zumba - Kim Hubble - Independent Instructor

Power Core - Kelly Skwarcan - Beacon

June 29 -

Yoga - Melissa Gunter - Traveling Yogi

Zumba - Carlitos Centellas - Independent Instructor

Hip Hop - Jess Snyder - Independent Instructor

July 6 -

Yoga - Kara Boyles - Independent Instructor

Zumba - Nicci Dewitt - Pure Core

Boot Camp - Rumi Narasaki - Pure Core

July 13 - Elite Performance

Yoga - Jessica Garretson (- Elite

Zumba - Kerri Stockbridge - Pure Core

LM Tone - Jessica Garretson - Elite

July 20

Yoga - Alyssa Rios - Soul Fire Yoga

Zumba - Nancy Pacheco - Independent Instructor

Barre - B Present Studio

July 27 - YMCA of Greater Michiana

Yoga - Rian Hutamy

Zumba - Rian Hutamy

Grit - Heather Zobrosky

August 3

Yoga - Kay Woods - Soul Fire Yoga

Zumba - Julie Try - Independent Instructor

HIIT - Burn Boot Camp Granger

August 17

Yoga - Courtney Canfield - Beyond Zen

Zumba - Olga Hodgetts - Eastlake Athletic Club

Core Pilates - Karin Lanning - Beacon

August 24

Yoga - Dena Woods - Healing Lab Somatic Therapy

Zumba - Carlitos Centellas - Independent Instructor

Tai Chi - Cecilia Hossler - Forever Leaning

August 31

Yoga - Ra Vincent - Ra Yoga & Bodywork

Zumba - Michelle Doty (Independent Instructor)

WERQ - Natalie McClure - Beacon